



Chocolatey Porridge

This Trade Aid Chocolatey Porridge is a staff favourite.

We recommend trying this Chocolatey Porridge on cold winter mornings! Recipe below is for one serving and can be made in less than 10 minutes.

Ingredients:

- ⅔ cup Rolled oats
- 1 ½ cups Water or Milk of your choice
- 1 Tbsp Trade Aid Organic Cocoa Powder *
- 1 Tbsp Trade Aid Organic Golden Sugar *

Method:

1. In a saucepan, mix Oats and Water (or Milk).
2. Constantly stir the mixture over a medium heat for 5 minutes.
3. Remove from heat and add Trade Aid Cocoa Powder and Trade Aid Golden Sugar.
4. Stir to combine.
5. Serve in your favourite Trade Aid bowl and top with sliced banana, shredded coconut and natural yoghurt.

Tip:

This recipe can be doubled easily for additional servings. Cook times remain the same. Swap suggested toppings with your favourite nuts, fruit and yoghurt of your choice.

***Find this ingredient at your local Trade Aid store or stockist.**

See www.tradeaid.org.nz for more recipes